

Chipping Calibration

The calibration method is used by all the VVG training groups

- VVG kids training
- VVG Regional training
- VVG Top sport school
- Top golf Vlaanderen

Elements of Calibration

- Hand position on the club (height of hands on grip depending on the length of the club)
- Ball position and width of stance
- Body alignment
- Shaft angle (depending on the bounce of the chosen club)
- Basic positions of movement

Hand position



When chipping with different clubs it is part of calibration to maintain the length of the club shaft at a comfortable position by changing where the height at where we hold the shaft depending on the club choice.

Ball position and width of stance



Starting from a very neutral position with the ball position placed in the centre between the heels and for a standard chip shot the width of stance approximately one club face wide.

Body Alignment

As we see on the image above the left foot is slightly open, as is the left knee and hip, this is done to ensure that the weight is very slightly distributed to the left side. The shoulders are square to the ball to target line.

Shaft angle and bounce



In order to present the bounce correctly to the ball the shaft angle is important. Above we see top two images showing incorrect shaft and bounce position and the bottom image showing a neutral position. Although set up doesn't guarantee a good impact position it makes it more likely and gives the players a better understanding of how the club interacts with the ball.

Basic Positions of movement



The image on the left shows a basic position we work on calibration where the player can check from their point of view if the club is on a neutral plane. Looking down towards the club head the player will see the club head covering the ball, meaning the shaft will be angled down towards the alignment stick (see below to how the station is set up). The image above on the right shows the position of the follow through with the club shaft angled back towards the navel, insuring a good relationship between the body and arms.

